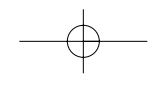
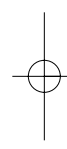
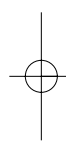


FREE

MARIO'S GOT GAME

EVERY DAY IS GAME DAY
SO GET OUT THERE AND GO PLAY!



VERBTM MAGAZINE

C O N T E N T S

What Is VERB?

Hip-Hop Scotch

KB-Ball

Marco Water Polo

1-on-1 with Cheryl Ford

Nick Cannon

Rack Your Brain

Mario's Got Game

VERB Log



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What Is VERB?

Everybody should have a favorite action, a favorite VERB. Ya know...something that you love to do. Whether it's running, jumping, dancing, catching a baseball, shootin' hoops, or going for a walk along the beach, there are so many fun activities to choose from it'll make your head spin. And the coolest part of all is that there's one out there for YOU!

Sometimes the best kinds of VERBs are the ones you make up on the fly. As you'll see in this issue, kids across the country are being active in ways you never would have imagined — playing games like "Hip-Hop Scotch" and "KB-Ball." Never heard of these? You will soon enough.

VERB: It's What You Do!





Hey, I'm **Andrea** and we play in Meca Park in Houston, Texas. We've got lots of VERBs here, some games we even make up. Here's one we call "Hip-Hop Scotch." It's old school meets new school. You draw boxes. But instead of numbers, you write in dance moves. Like Spin, Bounce, Step, or Shake. You throw your rock. Whatever dance it lands on, that's your thing! If it lands on a question mark, do anything! That's "Hip-Hop Scotch" in Houston.



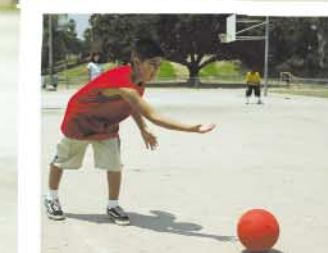
GAMES

Hip-Hop Scotch



Hey, I'm Marshal and we play in Lafayette Park in Los Angeles, California. We've got lots of VERBs here, some games we even make up. Here's one we call "KB-Ball." It's kickball on a basketball court. After the kick, the fielder who catches the ball has to shoot it through any basket. If the ball goes in and you are not on base, you're out. If it misses, keep on running. That's "KB-Ball" in Los Angeles.

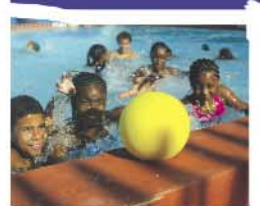
KB Ball



GAMES

Marco Water Polo

Hey, I'm Kyle and we play in Virrick Park in Miami, Florida. We've got lots of VERBs here, some games we even make up. Here's one we call "Marco Water Polo." All you need is a pool and a ball. Whoever's "it" has the ball and yells "Marco!" with their eyes closed. Everyone else yells "Polo!" Throw the ball in the direction of someone you hear. If they catch it, you go again. If they drop the ball, they do a cannon ball! Now that's "Marco Water Polo" in Miami.



GAMES





Cheryl Ford is a star forward on the WNBA Champion Detroit Shock. As a rookie out of Louisiana Tech, she helped the Shock to become the first team in American pro sports to go from having the worst record in the league to champions the very next season.



HOOPIN'

Cheryl's Top Five Basketball Tips:

1. Work Hard on the Court
2. Stay Mentally Focused
3. Practice Your Footwork
4. Increase Your Dribbling Skills
5. Play Good Defense

VERB Mag: What's your favorite activity?
Cheryl: Working hard on the basketball court.

VERB Mag: Who was your role model growing up?
Cheryl: My mom.

VERB Mag: How did your mom and the coaches help your game?
Cheryl: They were confident in me, and pushed me to be the best that I could be. They taught me to never give up.

VERB Mag: Did you play any other sports while you were growing up?
Cheryl: Softball. I played first base and hit a home run in every game during high school. I love softball.

VERB Mag: What if someone isn't good at any one activity...what should they do?
Cheryl: Find an activity that you are good at and like to do. Look for something active to do besides just sitting around. Just go out and find it!

Nick Cannon



Actor, rapper and producer Nick Cannon, who is currently on tour promoting his new album and can also be seen in the movie *Can't Buy Me Love*, takes time out to say a few things about VERB.



I'm here to talk about VERB. The V to the E to the R & B. VERB is about having fun and being active. So pick a VERB and bust it. Or combine two...like SINGING and DANCING. Every day is game day, so get out there and go play. VERB...it's what you do. Check out VERBNOW.COM. Peace.

LIVIN' LARGE

RACK YOUR BRAIN

A	H	B	F	R	E	E	Z	E	T	A	G	L	O
S	K	O	B	A	S	K	E	T	W	I	L	L	N
T	I	H	R	O	C	K	E	T	I	A	O	P	E
R	C	B	I	S	T	A	N	D	B	P	O	I	T
E	K	A	N	P	E	N	S	B	R	F	K	N	W
E	B	S	G	A	H	E	K	E	Q	O	N	G	O
T	A	E	A	R	D	O	T	R	U	O	E	P	T
H	L	B	R	K	O	A	P	C	O	T	E	O	H
O	L	A	O	I	W	T	I	S	T	B	A	N	R
C	A	L	R	O	N	A	L	T	C	A	R	G	E
K	B	A	C	R	I	C	L	A	B	O	W	L	E
E	M	R	S	O	K	K	E	R	L	I	T	E	A
Y	A	M	A	J	U	M	P	R	O	P	E	C	S
M	A	I	N	I	C	K	C	A	N	N	O	N	H

The words below are hidden in this word find. Words go forward, up, down, and diagonally. Try to find them all and circle them as you go!



Kickball
KB Ball
Hip Hop Scotch
Jump Rope

Ping Pong
Street Hockey
Marco Water Polo
Horse
Freeze Tag
Mario
Nick Cannon

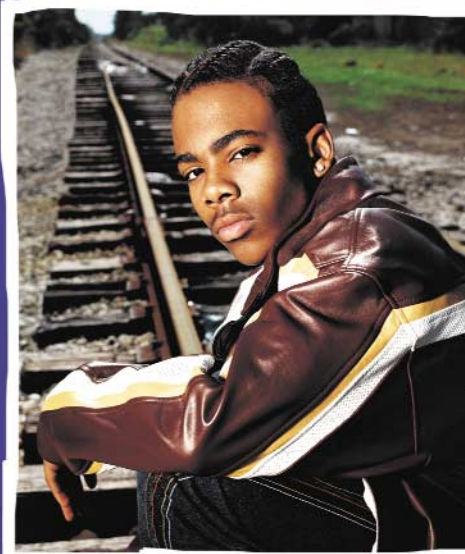
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THINKIN'

Mario's Got Game

With a self-titled album that debuted in the Top 10 in the U.S., there's no stopping Mario from his appointment with superstardom.

Although singing is his meal ticket, the "Boy Wonder" has some other tricks up his sleeve — like acting, which he's already explored, having made appearances on several big-time shows. When he gets some free time away from the spotlight, Mario stays loose with his favorite VERB — **PLAYING FOOTBALL** with his friends.



GROOVIN'

VERB LOG

What activities have you done this week? List them below.

WHAT'S YOUR VERB?



There are lots of ways
to **VERB**. It's even cool
to make up new ones.

LOG ON TO VERBNOW.COM
and tell us what game you
play in your local park.

